

## Abstracts

Rogers (1959) proposed that therapist's warmth, empathy and genuineness can facilitate patient's positive changes in psychotherapy. Present experiment was an role-playing analog experiment aim at test this proposition. There are two conditions in present experiment: Rogerian condition in which subjects received high warmth and high empathy response, and non-Rogerian condition in which subjects received low warmth and low empathy response. Results showed that subjects in Rogerian group had more favourable perception of the therapist and the therapy session and more positive feelings after therapy session. Mechanisms that facilitative conditions led to positive change was proposed based on the results.